

Needed Stimulation

To worship God for the sake of giving God pleasure
is a wonderful thing.

We should worship Him so
as constantly as possible.

Still, we may often find
in worshipping the Lord,
the stimulation we sometimes need
for help in seeking Him.

We may worship Him
simply as Who He is,
Almighty God,
The Eternal One,
The Light of Life,
Help for the Helpless,
Hope for the Hopeless,
The Bread of Life,
The Limitless Well-spring
of Living Water,
Gracious and Good,
Pure and Holy,
Love that gives unrelenting,
Life that lives never-ending,



Peace that satisfies

the most pitifully aching heart, ,relieves, and releases.

Sometimes the needed stimulation for seeking God may be resting in silent solitude before that same God we seek to worship. In fact, this too may be worship!

Can we worship, can we spend hours seeking the God we worship, can we rest in Him, when we're inundated by distractions, distressed by pain, frightened by worry, threatened by circumstances promising to deprive or even destroy us?

Yes, by God's gracious enabling we can turn from all else to God Himself to seek Him worshipfully alone, or to simply rest in Him and find in Him the peace that passes all understanding . . . and so escape the frightful sin of anxious worry and fear.

God is in all things my hope. I know no way to come to Him so fully and freely as to come worshipfully seeking Him, or restfully trusting Him. I say not lovingly because I know how poor and incomplete is my love.

But, somehow, to seek my God in worship however poorly, or to rest in Him, waiting quietly for Him, however incompletely, is often to experience something of entering His presence and finding something of enjoying His peace.

We are the circumcision (God's people)

which worship God in the Spirit,

and rejoice in Christ Jesus,

and have no confidence in the flesh.

And the peace of God, which passeth all understanding, shall keep your hearts and minds.

Philippians 3:3; 4:8